Elements Beauty of

CHEMICAL PEEL

Information Sheet

A Chemical Peel is a procedure in which a chemical solution is applied to the skin to remove the top layers of the skin that will then grow back smoother with a light or medium pill. You may need to undergo the procedure more than once to get the desired results.

Chemical peels are used to treat wrinkles, discoloured skin and scars usually on the face, they can be done alone or combined with other cosmetic procedures and they can be done at different depths from light to deep. Deeper Chemical Peels are more dramatic and offer more dramatic results but also take longer to recover from. A Chemical Peel is a skin resurfacing procedure, depending on the issues you addressing with the procedure you will choose a Chemical Peel in one of three depths.

- **Light chemical peel.** A light (superficial) Chemical Peel removes the outer layer of skin(epidermis). It's used to treat fine wrinkles, acne, uneven skin tone and dryness. You might have a light pill every two to five weeks.

- **Medium Chemical Peel.** A medium Chemical Peel removes skin cells from the epidermis and from portions of the upper part of your middle layer of skin (dermis). It's used to treat wrinkles, acne, scars and uneven skin tone. You might need to repeat the procedure to achieve or maintain the desired result.

- **Deep Chemical Peell.** A deep Chemical Peel removes skin cells even deeper. Your doctor might recommend one for deeper wrinkles, scars or pre-cancerous growths. You won't need to repeat the procedure to get the full effect.

I light Chemical Peel improves skin texture tone and lessens the appearance of fine wrinkles. The results are subtle but increased with repeated treatments. If you have a medium Chemical Peel, treated skin will be noticeably smoother. After a deep chemical pill you'll see a dramatic improvement in the look and feel of treated areas. With all peels the new skin is temporarily more sensitive to the sun.



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